

# Spring|Summer 2015 Newsletter

## Paul Brunton Philosophic Foundation

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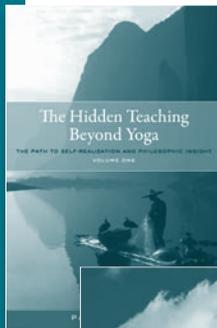
Judith Strickland

*Dear Friends of PBPF,*

### NEW UPDATED EDITIONS AVAILABLE!

#### THE HIDDEN TEACHING BEYOND YOGA & THE WISDOM OF THE OVERSELF

In preparing these new editions, we incorporated all the updates that PB made over the years and added his final changes that he gave us before he died. In addition, we have added forewords, updated the indexes, and selected helpful material from *The Notebooks of Paul Brunton* for appendices. PB always intended for them to be published together as one teaching, and now, 80 years later, his wish has been realized! They have a unifying elegant design inside and out and are subtitled *The Path to Self-Realization and Philosophic Insight, volume 1 and volume 2.*



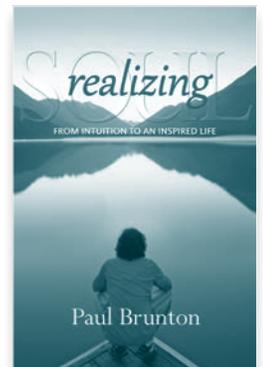
**THE HIDDEN TEACHING BEYOND YOGA** is a step-by-step guide to realizing the fact that our experienced world is not material but composed entirely of consciousness. Brunton's expert analysis of perception, grounded in science, is designed to awaken us to our sacred foundation and to transform our personality into a mirror of that reality. He prepares us for this journey by describing the attitudes, mental disciplines, and character traits that are essential for success in this quest.

In **THE WISDOM OF THE OVERSELF**, PB unfolds the grand vision for human development by investigating: consciousness as the source of all experience; how to move from ego-centered life to transcendent reality; the interplay of karma, free will, and grace; the nature of evil and suffering; how to awaken intuition and penetrative insight; the passage through death to rebirth; psychic experiences and mystic visions. PB also provides seven ultramystic exercises to open the door to higher consciousness, including a healing meditation on the sun, practices for transforming the future, dream, and sleep, and a meditation on the timeless self. These techniques lead to the deepest spiritual realizations—to the true “Wisdom of the Overself.”

### AVAILABLE JUNE 2015 – REALIZING SOUL: FROM INTUITION TO AN INSPIRED LIFE

Intuition is the Overself's gentle language. All of us have intuitions, but only some of us are conscious of their origin. An intuition can be prolonged and deepened to a glimpse. Though these intuitions and glimpses may come and go, they confirm the reality and presence of the Overself. And they give a foretaste of permanent, unbroken awakening. PB's teachings help awaken us to the presence of the Overself and how it can inspire our lives.

**REALIZING SOUL** was compiled by Robert Larson, PB's Swedish publisher and founder of [www.paulbruntondailynote.se](http://www.paulbruntondailynote.se), which offers daily inspiration from PB in 16 languages!



All of these books can be ordered at [LarsonPublications.com](http://LarsonPublications.com)

### TWO NEW BOOKS FOR YOUNG READERS — JERRY'S MAGIC & JERRY'S MADNESS

Inspired by PB's teachings on the Overself and character development, Woody Rowe has written five engaging volumes, and the first two are now available. Follow Jerry as he wakes to the deeper magic of life and learns to navigate difficulties which many children face as they mature. Each book received the “Mom's Choice Award.”

“Rowe's inspired, often wacky tale is full of surprises . . .” —Dean Sluyter, author, *Cinema Nirvana*



### DO YOU HAVE A FAVORITE PB QUOTE?

The PBPf is compiling some favorite, inspirational PB quotes to be posted on the PBPf website. If you have one or more that you would like to share, please send it to [information@paulbrunton.org](mailto:information@paulbrunton.org).

### PRESERVING PB'S WRITINGS – UPDATE ON THE ARCHIVE PROJECT

The PBPf is striving to complete the proofing of the digitized archive. We have hired two enthusiastic people to further these efforts so that we will have PB's wisdom to share sooner than later! But there is a lot to do. If you would like to proofread, contact [Lydia.Dempsey@gmail.com](mailto:Lydia.Dempsey@gmail.com).



#### When PB Returns:

*"I have to laugh sometimes at this situation:* for many years now I have been putting down these ideas of mine with a view to non-publication. Time enough to print and publish them after P.B.'s passing away [1981]. The joke, which at decent intervals provokes this laughter, is that *it won't be long before I shall return again* and then, since I am attracted to such reading material anyway, and will certainly be more than attracted to — in fact will be swept off my feet and become an ardent follower, advocate, and propagandist of — the posthumous P.B. books, holding so much that I will agree heartily with — yes, *the joke is that I shall be my own reader* for certain even if no one else will care for them. I shall enjoy the printing format and the cloth binding just as much as P.B. himself might."

[from the posthumously published *Notebooks of Paul Brunton*]

### Can you help us with our many projects?

[PaulBrunton.org/donations.php](http://PaulBrunton.org/donations.php) offers information on a number of projects that you could help us accomplish:

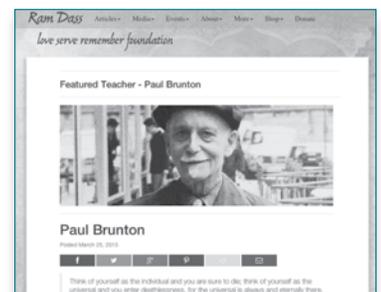
- ➡ The Archive Project
- ➡ The Prison Project
- ➡ The publication of new books
- ➡ Keeping *The Notebooks of Paul Brunton* in print

**100% of your donations go directly to these projects.** We are a not-for-profit organization with a working board of twelve volunteers. Thank you for whatever support you can give.

### NEW ON PAULBRUNTON.ORG HOMEPAGE (CLICK ON "WHAT'S HAPPENING")

#### PERSONAL ENCOUNTERS WITH PB, A HEALING MEDITATION AND RAM DASS FEATURES PB

- In 1977, Paul Brunton spent some weeks on Seneca Lake near Wisdom's Goldenrod. During his stay many people met with him. "Personal Encounters with PB" recounts some inspiring highlights of these meetings.
- "A Healing Meditation" is a practice that PB gave to Dr. Roy Burkhart that kept him healthy and energized for his pastoral work.
- The Ram Dass website recently featured PB and his teachings.



Your interest in the Foundation's work is deeply appreciated.

Cleta J. Rudolph,  
Board Chair and President