



Spring|Summer 2026 Newsletter

Paul Brunton Philosophic Foundation

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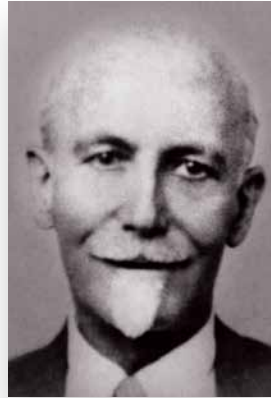
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Meeting Humility with PB

by Paul Cash

Here is an excerpt from Paul's latest essay—a wonderful contribution to our understanding of the sage.

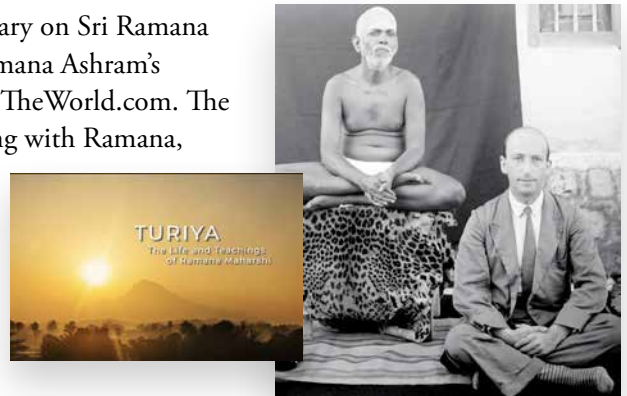
“Somehow PB seemed to move about within a deep version of that kind of reverence always. As if reverence was a primary act of recognition for him of where he actually lived, inwardly . . . and he could do it in the same room, or the same train or bus or car as the rest of us, without busy neighbors or hassled fellow travelers even noticing. It seemed to me that what allowed this to happen was a fathomless something that I felt prompted to call humility.

“Whatever it was, I could see that I didn't have it. And I could see that my lack of it would be a big problem for going forward. I knew a little now of the state of grace PB lived in or with or as, but nothing about how to live it myself. The difference between knowing how to act humble and to actually to be humble as a state of being, as a foundation for, or root expression of, the ongoing awareness I longed for, became increasingly clear.”

You can read the essay here: [Reflections](#)

TURIYA: The Life and Teachings of Sri Ramana Maharshi

In June, *Turiya*, an in-depth 55-minute documentary on Sri Ramana Maharshi replete with videos selected from the Ramana Ashram's archive, will be available to watch on www.AwakenTheWorld.com. The film begins by featuring Paul Brunton's first meeting with Ramana, the teachings he received, and his writing of *A Search in Secret India* which was instrumental in introducing this sage to the wider world.

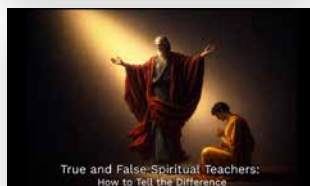


New PB Video Teachings



Surrender: Transformation & Ego Transcendence

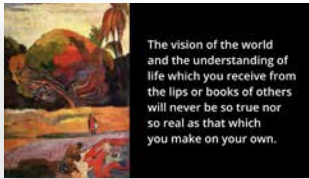
Sacrifice anger, greed, lust, and aggressive egoism on the altar of this quest when one of these shows its ugly self. All are to be burnt up steadily, if little by little, at such opportunities. This is the first meaning of surrender to the higher self.



True & False Spiritual Teachers: How to Tell the Difference

Some spiritual teachers may initially appear impressive—perhaps with psychic gifts or stirring words. But these things are not necessarily the hallmarks of a genuine spiritual guide.

New PB Video Teachings, cont.



Harmonizing with the Divine Essence

The purpose of spiritual self-scrutiny is to bring the babbling stream of thoughts to rest and then to penetrate consciously into the region of the Overself, to make its silence articulate, and to set up a relationship between your normal conscious mind and this mysterious all-powerful reality which is your divine counterpart.



When and How to Trust Intuition and Spiritual Guidance: Essential Teachings

What are the signs of genuine intuition and guidance?
How can you tell when "guidance" is not to be trusted?

The Archive Is Seeking Original PB Material

Both the online PB Archive and the physical PB Archive at Cornell University are quite extensive. Even so, we are confident that there are additional materials not yet archived that would be valuable contributions to this collection. We would greatly appreciate having them for safe keeping for future generations in Cornell's climate-controlled facility.

These include articles, essays, short quotes, letters—any pertinent writing by or about PB. Ideally, we would like original materials to put in the physical archive; or, if you prefer to keep your originals, we appreciate copies to place in the digital archive.

If you have questions about an archive contribution, please contact the PBPF. Thank you for your help with this project.



Your interest in the Foundation's work is deeply appreciated.

Tom Marino,
Board Chair and President

Jeff Cox,
Outreach Committee

Can you help us with our many projects?

Click [here](#) for information on a number of projects that you could help us accomplish:

- The Digital Archive Project
- The Prison Project
- The publication of new books
- Keeping *The Notebooks of Paul Brunton* in print
- The Gift Book Project

The PBPF is registered as a 501-C-3 not-for-profit organization. All donations in the United States are tax exempt. You can read more about our projects [here](#). Our Board Members and others volunteer their time to these projects. Please consider a PBPF legacy donation. Thank you kindly for your support.

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